

EASY KNITTING PATTERN – Teddy Bear

WOOL Double Knit / Chunky (1 x 100g)

NEEDLES Metric 3.5mm (or thicker wool & bigger needles for a bigger teddy bear)

You'll also need (1) a stitch holder or large safety pin, (2) wool for the details on the teddy's face, (3) a needle with a large eye for stitching the detail onto the face, and (4) filling for the teddy.

The whole teddy is knitted in garter stitch (all rows are plain).

1. For one leg, cast on 16 stitches and knit 40 rows. Place stitches on a stitch holder.
2. For other leg, cast on 16 stitches and knit 40 rows.
3. Join the two legs together and knit across both legs (32 stitches) for 44 rows to make the body section.
4. For arms, cast on 16 stitches at the beginning of the next two rows.
5. Knit across the body and two arms (64 stitches) for 30 rows.
6. Cast off 21 stitches at the beginning of next two rows so that 22 stitches remain for the head.
7. Knit the remaining 22 stitches for 62 rows.
8. Cast on 21 stitches at the beginning of the next two rows for the arms.
9. Knit across the body and two arms (64 stitches) for 30 rows.
10. Cast off 16 stitches at the beginning of the next two rows so that 32 stitches remain for the body.
11. Knit 44 rows.
12. Knit the first 16 stitches. Place remaining 16 stitches on a stitch holder.
13. Knit a further 39 rows on these first 16 stitches then cast off.
14. Move the remaining 16 stitches from the stitch holder to a needle. Tie wool to a stitch at the start of a row. Knit 40 rows, then cast off.

This shows the basic shape of the teddy before folding.

To sew it together, fold in half and leave a gap in one side for stuffing. Turn the teddy inside out so that the seams are smooth.



For the ears, sew diagonally across the top corners of the head.

Stuff the bear and sew up the side opening.

Optional – sew a double thread around the neck area, pull slightly to gather in at the neck, then tie both ends securely.

Sew on a face with eyes, a nose and happy smile.

The scarf is optional.



– End of pattern –

Wynberg Girls' Alumnae – Teddy Bear Pattern 20210501 v01