

EXTRA MURAL PROGRAMME - TERM 3 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">NETBALL</p> <p>TIC: Ms Pike kpike@wgjs.co.za</p>	<p>GR 3 14:15-15:00 Courts / Gym</p> <p>A/B: Ms Titus C/D: Ms Hay Manager: Ms S Ntetha</p> <p>GR 4 15:00-16:00 Netball Courts / Gym</p> <p>A/B: Coach C/D: Ms McFarlane Manager: Ms Valentine/ Zinkle Nomgogwana</p> <p>Gr 5 16:00 –17:00 Netball Courts/ Gym</p> <p>A/B: Coach Olivia C/D: Coach Teacher on Duty: Ms Mboniswa</p>	<p>1st Team Fitness 06:15-07:00 Grass Field / Gym</p> <p>Ms Blakeway Ms Pike</p> <p>GR 6 15:00-16:00 Netball Courts/ Gym</p> <p>A/B: Ms Gendron C/D: Ms Ngqisha Manager: Ms Bede</p> <p>GR 7 15:00-16:00 Netball Courts/ Gym</p> <p>A/B: Ms Bagley C/D: Ms Thomas</p> <p>Manager: Ms Ntlabati</p>	<p>Netball Matches GR 3 - 7 14:45-17:30 Courts / Mini Astro / Away</p> <p>All Netball Coaches & Managers Ms Pike</p>		
<p style="text-align: center;">HOCKEY</p> <p>TIC: Ms Blakeway sblakeway@wgjs.co.za</p>	<p>GR 5 14:45-15:45 Mini Astro / Grass Field</p> <p>A Coach B/C: Ms Rawoot/ Emihle Nonyongo</p> <p>*WGHS ASTRO from 14:45- 15:15 then WGJS mini-Astro 15:15-15:45</p> <p>Manager: Ms Mbalo/ Keisha Le Roux</p>	<p>1st Team Fitness 06:15-07:00 Grass Field / Gym</p> <p>Ms Blakeway Ms Pike</p> <p>GR 3 14:15-15:15 Mini Astro</p> <p>A/B: Ms Pike C/D: Mr Marriott Manager: Mrs Adams</p> <p>GR 4 15:00-16:00 Mini Astro / Grass Field</p> <p>A/B: Coach C/D: Mr Ford</p> <p>Manager: Mrs De Vries</p>	<p>1st & 2nd Team (11 a side) 15:15 -16:15 WGHS Astro 2</p> <p>1st: Ms Blakeway 2nd: Ms Lindsay</p>	<p>Hockey Matches GR 3 - 7 14:45-17:30</p> <p>All Hockey Coaches & Managers</p>	<p>3rd & 4th (8 a side) 12:30-13:30 WGJS Mini Astro</p> <p>3rd: Coach Jade Teacher on Duty: Ms Blakeway</p>
<p style="text-align: center;">SOCCER</p> <p>TIC: Ms Whyte & Mr Marriott sport@wgjs.co.za & kmarriott@wgjs.co.za</p>	<p>GR 3 14:15-15:00 Grass Field</p> <p>A: Mr Links B: Mrs Mboniswa</p> <p>Manager: Ms Mitchelles</p> <p>1st Team (GR 6 & 7 ONLY)</p> <p>15:15-16:15 Grass Field</p> <p>1st: Ms Whyte Manager: Ms Furter/ Siphosethu Wellem</p>	<p>1st Team Fitness 06:15-07:00 Grass Field / Gym</p> <p>Ms Blakeway Ms Pike</p> <p>GR 4-5 16:00-17:00 Grass Field</p> <p>GR4: Mr Marriott GR 5: Coach Paulo</p> <p>Manager: Ms Rhoda * If your daughter is not doing anything until 16:00 she will need to</p>			<p>Soccer Matches GR 3 - 7 14:00-16:00</p> <p>Coaches & Managers</p>

		wait in the Aquatic Center lobby			
CROSS-COUNTRY TIC: Mr Marriott kmariott@wgjs.co.za			GR 3 14:15-15:00 Grass Field <i>Ms Furter</i> GR 4 - 7 15:00-16:00 Grass Field <i>Ms Flanagan</i>		Cross Country Races GR 3 - 7 14:00-16:30 <i>Ms Flanagan & Ms Blake</i>
CHESS TIC: Mrs Baboolal & Ms Bezuidenhout lbaboolal@wgjs.co.za & bezuidenhout@wgjs.co.za		GR 4 - 7 14:45-15:45 Ms Baboolal class <i>Mrs Baboolal & Ms Bezuidenhout & Coach Lukhanyo</i>			Chess Matches GR 4 - 7 14:00-16:00 <i>Mrs Baboolal & Ms Bezuidenhout</i>
CHEERLEADING TIC: Mrs Dabhelia ldabhelia@wgjs.co.za			GR 3 14:15-15:00 The Rose Garden <i>Ms Dabhelia</i> GR 4 & 5 15:00-16:00 Rose Garden <i>Ms Dabhelia & Ms Pulford</i>	GR 6 & 7 14:45-15:45 The Rose Garden <i>Ms Pulford</i> <i>*Cheerleading for Home Hockey Matches</i>	
SWIMMING TIC: Ms Blakeway sblakeway@wgjs.co.za	GR 6 & 7* 06:15-07:00 Aquatic Centre <i>*Limited to 25</i> <i>Ms Bacchiet & Ms Hoek</i>		GR 4 & 5* 06:15-07:00 Aquatic Centre <i>*Limited to 25</i> <i>Ms Bacchiet & Ms Hoek</i>		
SPORTS HOUR		GR 1 13:10-14:10 (Grade 1 Teachers, Ms Blakeway & Mr Marriot)	GR 2 13:10-14:10 (Grade 1 Teachers, Ms Blakeway & Mr Marriot)		
CODING & ROBOTICS CLUB TIC: Ms Blackhurst kblackhurst@wgjs.co.za		GR 4&5 14:45-15:45 Digi Den <i>Miss Allman</i>	GR 6&7 14:45-15:45 Digi Den <i>Miss Blackhurst</i>	GR 6&7 14:45-15:45 Digi Den <i>Miss Blackhurst</i>	
ART CLUB TIC: Mrs Sergeant sergeant@wgjs.co.za	GR 3 14:15-15:15 Art Room <i>Ms Bischof</i>	GR 4&5 14:45-15:45 Art Room <i>Mrs Sergeant</i>		GR 2 13:15-14:15 Fernandes Classroom <i>Mrs Fernandes</i> GR 6&7 14:45-15:45	

				Art Room <i>Mrs Sergeant</i>	
DRAMA CLUB TIC: Ms Blampied kblampied@wgjs.co.za	GR 3 14:15-15:15 <i>Mrs Blampied's Classroom</i> Mrs Blampied GR 4&5 14:45-15:45 <i>Allman Classroom</i> <i>Miss Allman</i>	GR 6&7 14:45-15:45 <i>Mrs Blampied's Classroom</i> Mrs Blampied			
DEBATING CLUB TIC: Ms Green jgreen@wgjs.co.za		GR 4-7 Team Debating 14:45-15:45 Green Classroom <i>Ms Green</i>		GR 4-7 Development Debating 14:45-15:45 Green Classroom <i>Ms Green</i>	
SERVICE CLUB TIC: Mrs Flanagan kflanagan@wgjs.co.za				GR 4-7 14:45-15:45 Flanagan classroom <i>Mrs Flanagan & Ms Bischof</i>	
ROOTS & SHOOTS CLUB TIC: Mrs Ramedies ramedies@wgjs.co.za		GR 4-7 14:45-15:45 Ramedies classroom <i>Mrs Ramedies</i>		GR 4-7 14:45-15:45 Ramedies classroom <i>Mrs Ramedies</i>	
MATHS CLUB TIC: Ms Billingham billingham@wgjs.co.za			GR 4-7 14:45-15:45 Maths Centre <i>Ms Billingham</i>		
NEEDLEWORK CLUB TIC: Mrs Laubscher laubscher@wgjs.co.za			GR 4-7 14:45-15:45 Language Lab <i>Mrs Laubscher</i>		